



MICRODERMABRASION AGREEMENT

What is Microdermabrasion?

Microdermabrasion uses an adjustable applicator head that removes dead surface skin cells and initiates cellular turnover at the dermis and epidermis levels in a safe controlled manner. This approach respects the integrity of the skin and promotes even healing. Maintaining even cellular growth on the surface aids in the youthfulness of the skin's appearance. Microdermabrasion has been used to treat aging and sun-damaged skin, some types of acne and acne scarring, altered pigmentation, fine lines and wrinkles, and stretch marks. Results may include improved skin tone, fewer breakouts, diminished appearance of scars, even skin color, refined skin pores, renewed elasticity, and a healthy glow.

What should you expect during your treatment?

Prior to your first microdermabrasion, your esthetician, will perform a thorough skin analysis. If microdermabrasion is not appropriate, you are informed during this session and an alternative treatment may be recommended instead. If microdermabrasion is for you, maximum results are obtained by participating in a series of treatments plus following a home care regimen.

To further enhance your outcome, we require that you use products specifically directed toward obtaining correction. Your current daily regimen and skin care products will be reviewed. You will be instructed which products you should continue to use and will be advised on any recommended additions to your regimen. We recommend keeping regular appointments and carefully following your home care regimen to support your results.

Is satisfaction guaranteed?

Maximum results are highly dependent on your age, cumulative sun exposure, health, menopause, lifestyle, genetic traits, general skin condition, and your willingness to follow recommended protocols.

Contraindications

Although it is impossible to list every potential risk and complication, the following conditions are recognized as contraindications for microdermabrasion treatment and must be disclosed prior to treatment:

- Active infection of any type, such as Herpes simplex virus or flat warts.
- Active acne
- Sunburn
- Recent use of topical agents such as glycolic acids, alpha hydroxy acids and Retin-A
- Any recent chemical peel procedure
- Uncontrolled diabetes
- Eczema, dermatitis
- Skin cancer
- Vascular lesions
- Oral blood thinner medications
- Rosacea
- Tattoos (not effective)
- Pregnancy
- Use of Accutane within the last year
- Family history of hypertrophic scarring or keloid formation
- Telangiectasia/erythema may be worsened or brought out by skin exfoliation

Post-Treatment/Home Care

More sensitive skin may experience some redness after the first couple of sessions. This normally goes away after 2 to 3. Aerobic exercise or vigorous physical activity should be avoided until all redness has subsided. Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure and tanning beds). If some sun exposure cannot be avoided, first apply sunscreen with an SPF of 30 or greater. Although sunscreen should be a part of your daily skin care, for a minimum of two weeks, a sunscreen with at least a SPF of 30 must be applied. Cleanse your face with the products you were recommended before or during treatment, followed by a mild sunscreen. Avoid heavily fragranced lotions or perfumes on or around the area.

If you have additional questions or concerns regarding your treatment or suggested home product / post-treatment care, give us a call at **206-293-4927** and we'll be more than happy to answer any questions you might have.

Client Signature: _____ **Date:** _____

Licensed Master Esthetician: _____ **Date:** _____